

LOOK YOUR BEST AT ANY AGE **AS SEEN IN MIMI VANDERHAVEN**

Could Botox be right for you?

by **MimiVanderhaven**

Mimi: Mimi's cousin, Mona, seems to be developing lines on her forehead and around her eyes that make her look older. Is there anything she can do?

Dr. Stefanie: Botox® Cosmetic is a safe and effective therapy that eliminates facial wrinkles and frown lines, and softens harsh expressions. It has been used safely and successfully for wrinkle therapy for over eight years. In the amounts used, the only possible side effects are temporary and localized to the area of injection.



Dr. Stefanie Christian

Mimi: How does it work?

Dr. Stefanie: Using a tiny micro-needle, Botox is injected very precisely into several locations on the face—typically the vertical lines between the eyebrows, the horizontal forehead lines, and the lines at the corners of the eyes.

When Botox is injected into these targeted facial expression muscles, it blocks nerve impulses to those specific muscles so they do not contract. This causes the overlying skin to become smoother, with fewer lines

and wrinkles. The action of frowning is stopped and the lines soften, relax, and diminish.

Mimi: How fast can she expect to see results after treatment?

Dr. Stefanie: The results of her treatment will begin to appear in three to four days with the maximum effect seen 10 days after injection. The effect will last approximately four months, after which the treated muscles will regain their movement. When the frown lines start to reappear, a simple repeat treatment is all that is necessary to maintain the desired results. We advise patients during the first two years of treatments to schedule their injections precisely 16 weeks apart. Typically patients who follow this treatment schedule are able to increase the interval between treatments.

Mimi: What if Mimi wants to tag along?

Dr. Stefanie: Perfect! Right now we're offering a "Bring a Friend" special. Any reader who brings a friend will get \$50 off her Botox injection and her friend will get \$25 off, plus a free consultation, until September 30, 2009.

Timeless Laser and Skin Care has two locations: Bay Village, 660 Dover Center Road, and North Olmsted, 4780 Clague Road. Call 800-710-3839 to schedule. Visit the website at www.TimelessLaserSkin.com to learn more and download maps.