



## **TITAN, GENESIS, IPL, PDT, AND FACE VEINS**

### *PRE-TREATMENT INSTRUCTIONS*

- The Cutera laser is safe for dark or previously tanned skin; however, skin that has recently been damaged by sun exposure, even mildly, is more likely to burn from the laser. Please **do not tan for at least four weeks prior to IPL, PDT, or Vein treatments**. In addition, self-tanners apply a dye to the skin which attracts the laser to the superficial layer of the skin rather than to the deeper layers, thus placing you at risk for getting a burn. Please **do not use self-tanners for at least two weeks prior to IPL, PDT, or Vein treatments**.
- The night before Genesis, IPL, PDT, or vein treatment, **trim any dark hair down to the level of the skin in all areas to be treated**.
- Please **avoid using heavy make-up, lotions, oils, or creams on the treatment area** on the day of your treatment.
- There is a sensation of heat that accompanies some laser and light-based treatments, particularly IPL, PDT, and treatment of veins. We recommend you **take 600mg of ibuprofen (3 over-the-counter tablets) or 2 Tylenol tablets, 1/2 hour before IPL, PDT, or vein treatments unless you have been told by a physician that you should not take these medications**.
- Please call us at **440-779-1000** if you have any questions.

*All services are provided by appointment only, and this time is reserved for your exclusive use. Several of the services we provide require more than an hour of scheduled time. If you are unable to use your scheduled time, we request that you let us schedule other patients into that slot. If you are unable to keep your scheduled appointment, we ask that you call to cancel your appointment at least 24 hours in advance. Failure to give this notice will be considered a No Show and you will be charged a \$25 NO-SHOW Fee.*