



## LASER VASCULAR TREATMENT

### PRE-TREATMENT INSTRUCTIONS

- The Cutera laser is safe for dark or previously tanned skin; however, skin that has recently been damaged by sunburn, even mildly, is more likely to burn from the laser. Please **do not tan for at least four weeks before and four weeks after** laser vascular treatment. In addition, self-tanners apply a dye to the skin which attracts the laser to the superficial layer of the skin rather than to the deeper layers, thus placing you at risk for getting a burn. Please **do not use self-tanners for at least two weeks prior** to your laser service.
- Please **avoid any medications containing aspirin** for five days prior to your laser service. You should not have laser vascular therapy if you are on any blood thinners.
- Please **avoid using any make-up, lotions, oils, or creams** on the treatment area on the day of your treatment.
- The night before the procedure, **shave any dark hair in the treatment area.**
- There is an instantaneous intense sensation of heat that accompanies each pulse of the laser. We recommend you take **600 mg (3 over-the-counter tablets) of ibuprofen one hour before your treatment**, unless you have been told previously that you should not take ibuprofen.
- Ice or gel packs are usually applied before and/or after the treatment.
- Most patients do not need to wear support hose after vein treatment with the Cutera laser; however, if you have larger reticular veins treated, we may recommend you wear compression stockings for 5 days following your treatment to decrease the risk of bruising.
- **Avoid strenuous exercise for 24 hours after your treatment.**
- **Frequently, treated veins will look worse before they look better.** They may get darker before they disappear, or you may have some bruising. These changes usually resolve within 5-6 weeks.
- Frequently, once the treated veins disappear, other veins become visible which you didn't notice before. If this happens, or if we were not able to treat all the veins in one session, please **schedule your next laser vascular appointment in 6-8 weeks after your treatment.** Please call **440-779-1000** to schedule appointments.
- **Call 440-779-1000 if you have any questions.**

*As part of our continued effort to provide you with the very best service and to accommodate all appointment requests, we have implemented a Cancellation Policy. All services are provided by appointment only, and this time is reserved for your exclusive use. Several of the services we provide require more than an hour of scheduled time. If you are unable to use your scheduled time, we request that you let us schedule other patients into that slot. If you are unable to keep your scheduled appointment, we ask that you call to cancel your appointment at least 24 hours in advance. Failure to give this notice will be considered a No Show, and you will be charged a \$25 NO SHOW Fee.*